For Zehnya and Sascha

Many, many years ago, in a kingdom far, far away there lived a beautiful princess. She had long golden hair and loved ice bears so much that everyone called her the Ice Princess.

The kingdom had beautiful snowy peaks in the North, and lush green forests in the South. There were many friendly creatures living in the mountains, forests, lakes, and rivers and the air was filled with birdsong.



Every evening after dusk, the Ice Princess went out on the balcony and clapped her hands. A white bear came running out of the valley and bowed before her. The princess sang songs and she and the ice bear danced together. Everyone in the kingdom enjoyed the festivities and were very happy.

All the animals and the people in the kingdom were friends, because they were all vegetarian.



The people of the kingdom were very healthy, as they lived in a beautiful clean environment where all their needs were catered for abundantly. No one in the kingdom took more than they needed, and so no one wanted for anything. No one ever fell ill since they had all the nourishment and clean living they needed to thrive.

That is until one day something terrible happened...

